

Health Issues
Grey Block Week A
Semester One
Katsikaris

Course Syllabus

Course Description: The topics for instruction in the Health Issues course predominantly relate to issues of human sexuality. Throughout the course we also discuss important issues such as substance abuse awareness, mental health, and current events. The class is heavily discussion based, and participation is vital to pass the class. Various forms of assessment are used such as class discussion, reflections, projects, and presentations.

We have had to make adjustments to our syllabus due to the changes in our schedule for the 20-21 academic year. Our health classes will focus on Standards 2, 4 and 5 of the National Health Standards

National Health Education Standards:

Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health.

Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health. Students will Demonstrate the ability to use goal-setting skills to enhance health.

Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.

Assessments Used:

Formative & Summative, PBL, journaling, class discussion and group work.

Outline of Topics to be Covered in the Course

Welcome

Ice breakers and Expectations

Identity, Stereotyping, Assumptions

Substance Abuse

Wellesley Police & The Law

Maura Renzella: Youth Outreach Worker & Officer Rosenberg: WPDY

Pro/Con Issues: Research & Present Putting the students in the drivers seat

SBIRT Screening

Sexual Health

Thoughts on Sexuality Explored

Orientation, Expression, Identity

SpeakOut / GLOW Speakers

Case Studies Project

Health Screenings

BMI, Vision, Hearing,

Relationships

Healthy Relationships explored

Warning signs/dating violence

Refusal skills & Consent

Mentors in Violence Prevention

Protection Methods

Decision Making

STI's

Mental/Emotional Health

SOS Curriculum

Individual Project

Minding Your Mind

Final PBL