Sketch anything that includes overlapping!	Using only geometric shapes sketch something organic or living.	Make a sketch by adding to one drawing for only five minutes at a time every day for a week or more.	Create three small drawings to illustrate a dream or nightmare that you've had.	Create a sketch that includes 100 of something: shapes, avocados, portraits of Mr. Reddy, etc.
Draw without looking at your page for the length of your favorite song and then add to it.	Sketch anything and focus on a variety of LINES.	Draw something intricate from observation without taking your pen/pencil off of the page.	Rip an image in half. Now, start from the rip and sketch a new half from your imagination to complete the image.	Sketch one object slowly morphing or transforming into its opposite.
Sketch from a unique reflective surface such as water or a spoon.	Re-create a picture a friend posted on social media.	Sketch anything and focus on COLORS.	Sketch a small object to make it appear TREMENDOUS. Sketch a large object to make it appear TINY.	Sketch what your favorite song would look like if it were a human figure or as a portrait.
Combine the numbers 1-9 on a single page create a new abstract design. You may write them more than once.	Sketch just the eyes of a friend or family member.	Ask a friend to sit still for 5 minutes and let them sketch. After five minutes, keep adding to the drawing without a reference.	Sketch anything and focus on CONTRAST. (A comparison of opposites, usually Dark vs Light)	Stipple (use lots of dots or marks) to sketch an object from observation.
Write your name in a new style or language. Now make a new alphabet for that language.	Let someone else sketch on a page for thirty seconds. Add to their sketch and fill up the entire page.	Sketch three related images inspired by the idea of a lifecycle or beginning, middle and end. How can you show time passing?	Make a 5 song playlist and sketch an album cover for it.	Sketch anything and focus on BEING MESSY.